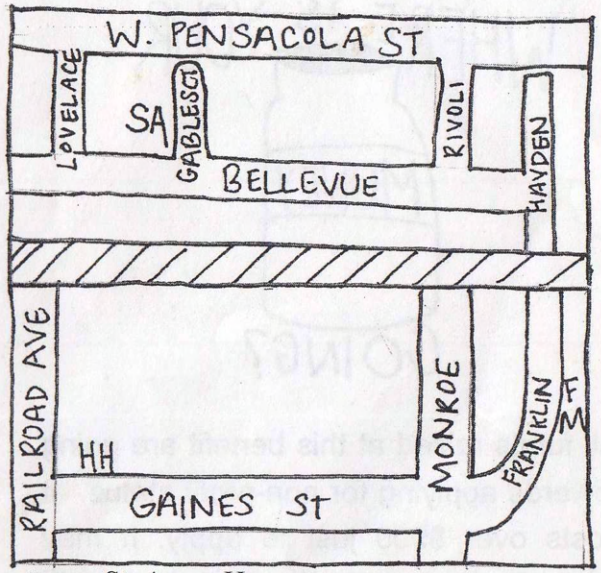
the Outlet

The Outlet is a Tallahassee community mental health resource organized as a response to a perceived lack of affordable mental health care. We want to fill this need with a local space and core of volunteers dedicated to working with those who come to us for help. By providing a variety of services, including group and peer counseling, arts-based activities, and referrals to professional counseling, we will make mental health care more accessible for all. To sustain the space and cover the costs of counseling, we will have a dual function as a community space for the arts. With these services and opportunities, we hope to enrich community ties in Tallahassee and remove the social stigma of mental illness while working toward making our city a healthier place.



SA St. Anger House
246 Gables Ct

HH The Hidden Hand
506 W Gaines St

FM Franklin Manor
Behind the Florida Bar

Please consider these things:

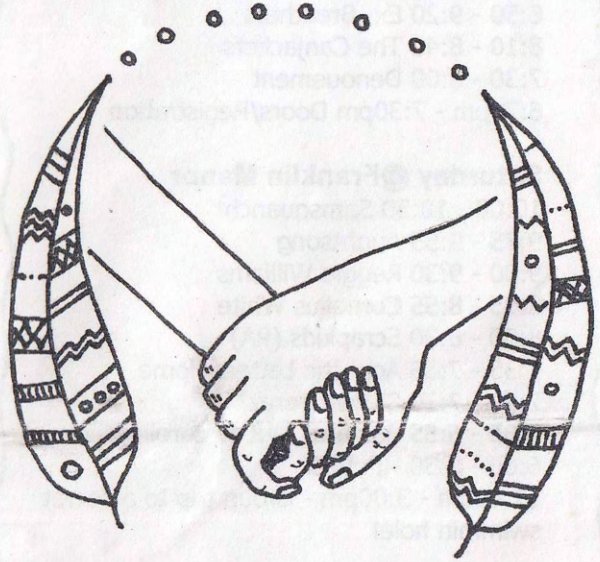
The Hidden Hand, Franklin Manor and St. Anger house are really important spaces in our town! Please respect the spaces and the area surrounding it. Don't trash the streets, don't steal anything, don't vandalize anything. Just be nice and try to get along with everyone! The staff at The Hidden Hand and Retrofit Records are working hard to make this fest happen and it would not be possible without them so please be nice to them and respect them. If they ask you to stop doing something, stop. They are also here to help you so if you have a problem and need help, talk to one of us!

Questions? Call us!
Rosie – 8139281989 Chanel - 8135286894

We encourage you to leave the alcohol at home!
A sober mind is a healthy mind.

the outlet

BENEFEST!



SEPTEMBER 14-16 2012

tallahassee,fl

SCHEDULE

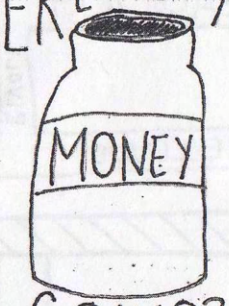
Friday@ The Hidden Hand
11:30 - 12:00am Young Adult
10:50 - 11:20 Dickkicker
10:10 - 10:40 Mystery Date
9:30 - 10:00 Hear Hums (Gainesville)
8:50 - 9:20 Ex- Breathers
8:10 - 8:40 The Canjackets
7:30 - 8:00 Denouement
6:30pm - 7:30pm Doors/Registration

Saturday @Franklin Manor
10:00 - 10:30 Samsquanch
9:35 - 9:55 Aughtsong
9:00 - 9:30 Reggie Williams
8:35 - 8:55 Cornelius White
8:00 - 8:30 Scrapkids (PA)
7:35 - 7:55 Acoustic Letters Home
7:00 - 7:30 Steven Perez
6:35 - 6:55 Bastards Out of Carolina
6:00 - 6:30 - Potluck
11:00am - 3:00pm - Group trip to a secret swimmin hole!

Sunday @ The Hidden Hand
10:10 - 10:50 Kaplaa
9:30 - 10:00 Repo Man
8:50 - 9:20 Atrocitus
8:10 - 8:40 Tenebrist
7:30 - 8:00 Oh No!
6:50 - 7:20 Quiet Clouds
6:30 - 6:40 GUEST SPEAKER :Suzanne Villegas!

Sunday @ St. Anger House
5:20 - 5:50 Bad Ideas
4:40 - 5:10 Personal Boy (jax)
4:00 - 4:30 Echo Base
3:20 - 3:50 Great Beer
2:40 - 3:10 Rockethorse/jetchicken

WHERE IS YOUR MONEY GOING?



All funds raised at this benefit are going towards applying for non-profit status. It costs over $900 just to apply. It may take up to a year to gain non-profit status from the federal government. Once receiving non-profit status, The Outlet can apply for grants specific to non-profits that will allow The Outlet to procure a permanent building that will be used for peer-to-peer counseling, referrals to affordable professional counseling, art therapy, music therapy, as well as a community space for members of the community to use. The Outlet is working hard to get services started as quickly as possible and with your donation, the sooner we will be able to provide our community with valuable mental health services.

DID YOU KNOW?

In 2008, there were an estimated 9.8 million adults with serious mental illness, representing 4.4 percent of adults.

- Rates of serious mental illness in 2008 were highest for adults aged 18 to 25 (7.4 percent) and lowest for adults aged 50 or older (2.3 percent).

Of Florida's approximately 18.3 million residents, close to 660,000 adults live with serious mental illness and about 181,000 children live with serious mental health conditions.

In 2006, 2,440 Floridians died by suicide. Suicide is almost always the result of untreated or under- treated mental illness.

Florida's public mental health system provides services to only 26 percent of adults who live with serious mental illnesses in the state.

Florida spent just $38 per capita on mental health agency services in 2006, or $686.6 million. This was just 1.1 percent of total state spending that year.